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| Menu # 14 |
| Cheese Omelet Carbs 4 |
| Hash Browns 16 |
| Orange Juice 14 |
| Apple crisp 38 |
| Corn Muffin 24 |
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| 1% Milk 13 |
| Jelly 9 |
| **Total Carbs. 118** |
| **Fat: 23.5** |
| **Sodium: 963 mg.** |
| **Calories: 718** |